

ANGELO COMASTRI



Let's go to the school of Love

2027
CALENDAR



God is love, and whoever remains in love remains in
God and God in him.

In this is love brought to perfection among us, that
we have confidence on the day of judgment because
as he is, so are we in this world.

There is no fear in love, but perfect love drives out
fear because fear has to do with punishment, and so
one who fears is not yet perfect in love.

We love because he first loved us.

If anyone says, “I love God,” but hates his brother, he
is a liar; for whoever does not love a brother whom he
has seen cannot love God whom he has not seen.

This is the commandment we have from him:
whoever loves God must also love his brother.

1 Jn 4:16-21



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ANGELO COMASTRI

Let's go to the school of Love

First of all, I would like to invite you to rejoice and to thank God for having received the undeserved gift of encountering Jesus and of coming to know Jesus, who is the only (I say: the only!) Light that illuminates our life and helps us understand the meaning and purpose of life. Often we do not realize how precious faith in Jesus truly is.

When I was parish priest in Porto Santo Stefano (1979-1990), I met a Ukrainian woman named Sasha. She told me that she had grown up in the darkest atheism during the dictatorship of Stalin: in Ukraine, as in Russia, it was forbidden even to mention God, and human life was interpreted and presented exclusively in materialistic terms.

Mrs. Sasha told me: *"I used to ask myself about the meaning of life and wonder what comes after death, and the answers I always received were the same: we come from nothing and we go toward nothing! I was desperate. You,"*



she said to me, “have not experienced the darkness of the absence of faith, and perhaps precisely for this reason you do not appreciate all the beauty and the preciousness of faith. To have known Jesus and to have encountered Jesus is the greatest treasure of life! You do not understand it!”

Today we live our faith in a context of atheism similar to that experienced by Mrs. Sasha: we must keep our eyes wide open.

The non-Christian writer Franz Kafka stated: *“Christ is an abyss of light. One must close one’s eyes in order not to see His light.”*

And the Italian writer Alfredo Oriani exclaimed: *“Believer or non-believer, no one can escape the fascination of Jesus.”*

Even here on earth we can already see the unique beauty that Jesus radiates through His Word and through His Life.

To realize this, let us listen to Blaise Pascal, a highly intelligent man, who astutely observed: *“Not only do we know God only through Jesus Christ, but we also know ourselves only through Jesus Christ. We know neither life nor death except through Jesus Christ. Apart from Jesus Christ, we do not know what our life and our death are, we do not know who God is, nor who we ourselves are.”* And what is happening in our own days dramatically confirms Pascal’s statements.

If the Light of Jesus is rejected, we fall into the darkness of despair and human life loses all value. Without faith in Jesus, we are in total darkness and we walk in darkness.

Indeed, two centuries after Pascal’s statements, in 1854, emerging from the extremely harsh experience of the Siberian prison camp which he endured while reading the Gospel, Fyodor Dostoevsky (1821–1881) wrote a famous letter to his friend Natalia Von Vizina. It is an impressive document, written immediately after his release from prison. For this reason, it reflects the feelings of the former deportee who had learned to trample his pride underfoot.

Here is the most significant passage: *“Not because you are religious, but because I myself have lived and experienced it, I will tell you that in such moments—that is, in suffering—like ‘withered grass,’ one thirsts for faith, and one finds it precisely because in misfortune the truth becomes clearer. I will tell you about myself: that I am a child of the century, a child of disbelief and doubt, and that (I know it!) I will remain so until the grave.*

How many terrible sufferings this thirst for faith has cost me and still costs me now—a thirst which is all the stronger in my soul the more I feel the arguments against it. And yet God sometimes sends me moments in which I am completely serene; in these moments I love and I find that I am loved by others; and in these moments I have sought within myself the



symbol of faith, in which everything becomes clear and sacred to me. This symbol is very simple; here it is: to believe that there is nothing more beautiful, more profound, more lovable, more reasonable, more manly and more perfect than Christ. Not only is there nothing like Him, but there cannot be.”

These are truly striking words.

It is the same thought expressed by Pascal, who concludes: *“Not only is it impossible, but it is useless to know God without Jesus Christ.”* This is true. Without Jesus, in fact, we risk producing dangerous caricatures of God—as also happens in our own time.

The contemporary philosopher Ugo Spirito declared: *“God is missing for me, in the sense that I cannot give Him a face that satisfies me. That God exists is certain because He is the principle of everything, the Absolute. But for me, as a human being, this certainty is not enough. I need to give a face to God, to know what He really is. That is why I pursue Him, questioning myself and the world.”*

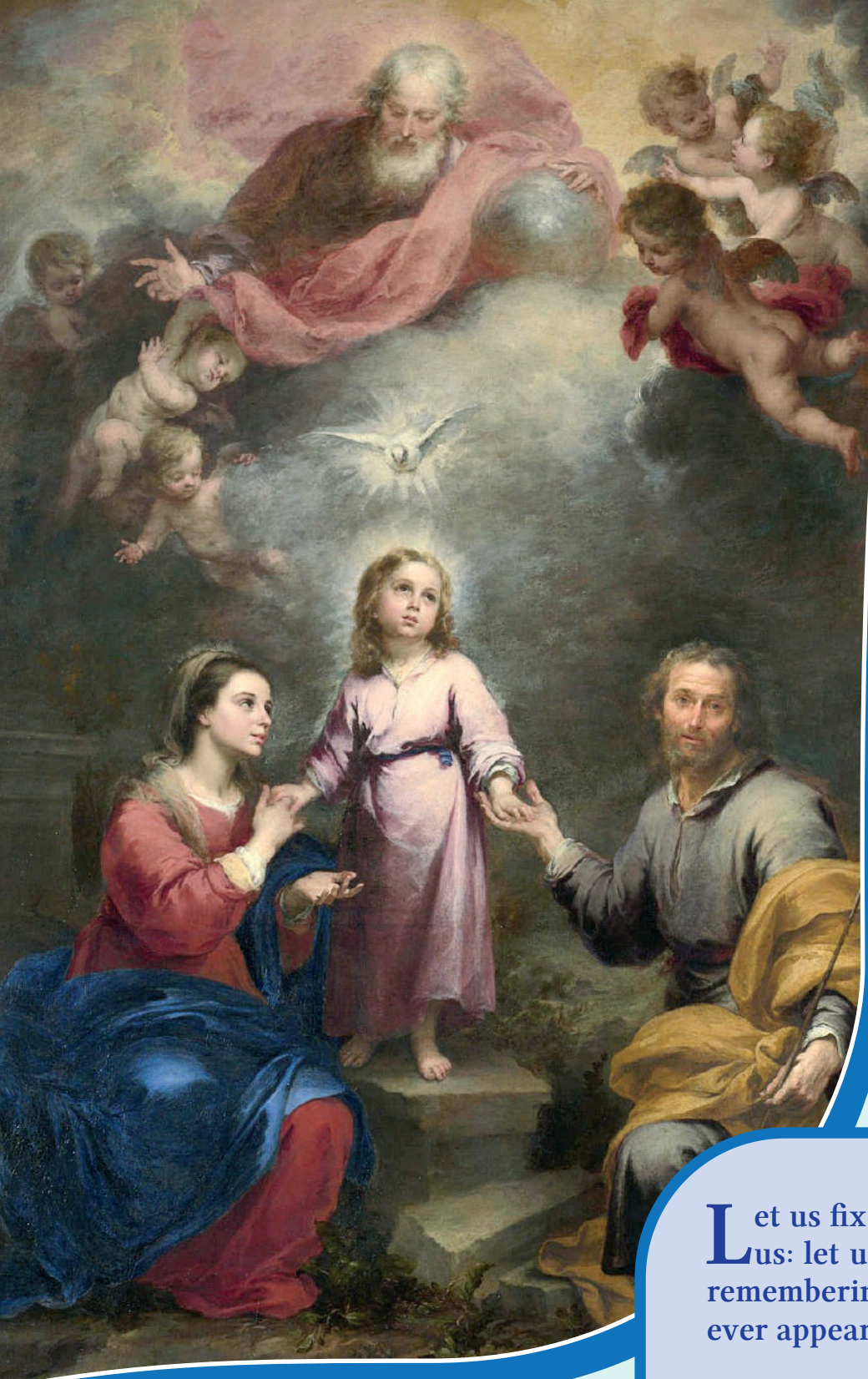
There is a question that presses within me and to which I feel I must give an answer: who is God? Precisely the urgency of this question pushed me to travel through countries and continents in search of a satisfying answer. I did not find it, and therefore here I am still, locked in the prison of my problematic search. I do not know who God is.”

How true this is! Jesus—and only Jesus—reveals God to us, opens wide the entrance into the heart of God, and introduces us into the consoling truth: God is Father! God loves you! God can only love, because He possesses only the power of Love.

What beautiful news!

The immediate consequence is this: if God is Love, only by opening our hearts to God can we come to know Love and live Love.

These pages wish to be a humble help for you to come to know the one true Master of Love: God.



Prayer to Mary, Woman of Ordinary Days

O Mary, woman of ordinary days, speak to us about the small and simple things in which one can feel the joy of a life without malice and without presumption.

O Mary, free us from the temptation of a goodness that seeks the spotlight and fades when the lights go out. Help us to be genuine always and everywhere!

O Mary, woman of ordinary days, teach us the beauty of normal days: may our glances be messages, our smiles be embraces of peace, and our gestures be gifts filled with sincerity.

O Mary, help us open the door of our home to share the celebration of our life and to spread the song of the children of God along the roads of everyday toil.

O Mary, help us understand that the true celebration is God alone: welcomed and loved in the home of ordinary days.

Amen.

Let us fix our gaze on the face of God, which Jesus has revealed to us: let us try to enter into the fascinating mystery of the Father, remembering well that Christianity is the greatest newness that has ever appeared on the face of the earth.

Continued on the following page...

January 2027

1	F	Mary, The Holy Mother Of God DAY OF PEACE
2	S	St. Basil the Great - St. Gregory Nazianzen
3	S	Epiphany of the Lord
4	M	St. Elizabeth Ann Seton
5	T	St. Edward the Confessor St. John Neumann
6	W	St. Felix
7	T	St. André Bessette
8	F	St. Raymond of Penyafort
9	S	Sts. Julian and Basilissa St. Marcellinus of Ancona
10	S	The Baptism of the Lord
11	M	St. Hyginus
12	T	St. Benedict bishop
13	W	St. Hilary
14	T	St. Felix of Nola
15	F	St. Paul the Hermit
16	S	St. Marcellus I

17	S	2 nd in Ordinary Time - St. Anthony the Great
18	M	St. Margaret of Hungary
19	T	St. Germanicus
20	W	St. Fabian - St. Sebastian
21	T	St. Agnes
22	F	St. Vincent
23	S	St. Marianne Cope
24	S	3 rd in Ordinary Time - St. Francis de Sales SUNDAY OF THE WORD OF GOD
25	M	The Conversion of Saint Paul the Apostle
26	T	St. Timothy and St. Titus
27	W	St. Angela Merici
28	T	St. Thomas Aquinas
29	F	St. Constantinus of Perugia
30	S	St. Martina
31	S	4 th in Ordinary Time - St. John Bosco



In the kitchen

STEAMED CAULIFLOWER

Ingredients: 400 g cauliflower

Preparation: Clean the cauliflower by removing the leaves and separating the florets from the core. Rinse the florets under cool running water and place them in the steamer. Generally, it takes about ten minutes for steamers that are placed inside or on top of pots, and about twenty minutes in an electric steamer. Remove them carefully so as not to break the florets.



Life is beauty, admire it.

*Life is an opportunity,
seize it.*

Life is bliss, savor it.

*Life is a dream,
make it real.*

*Life is a challenge,
face it.*

Saint Teresa of Calcutta



Prayer to Our Lady of Sorrows

O Mother,
you have known suffering, yet you overcame it by filling it with Love. You walked in the footsteps of Jesus and did not stop when you saw that they were leading toward the Cross.

You believed that God is Love; you believed that Love is almighty; you believed that Goodness, when crucified, triumphs and rises again.

O Mother,
now you think of us and suffer for us; now you desire that your Son Jesus be born within us. Help us, Mother, for we are weak in faith! Take us by the hand and guide us along the path of the Gospel, so that every sorrow may blossom with hope and that we may sing the *Magnificat* with the little ones and the humble of all the earth, as we await the great feast of Heaven.

Amen.

Christianity is the greatest newness precisely regarding God, because God Himself came to tell us this newness.

Continued on the following page...

February 2027

1	M	St. Brigid of Ireland
2	T	The Presentation of the Lord DAY FOR CONSECRATED LIFE
3	W	St. Blaise - St. Ansgar
4	T	St. Andrew Corsini St. Joseph of Leonessa
5	F	St. Agatha
6	S	Sts. Paul Miki and companions
7	S	5 th in Ordinary Time - St. Richard
8	M	St. Josephine Bakhita St. Jerome Emiliani
9	T	St. Apollonia
10	W	Ash Wednesday FASTING AND ABSTINENCE
11	T	Our Lady of Lourdes DAY OF SICK
12	F	Sts. Saturninus and Companions
13	S	St. Catherine de Ricci Bl. Jordan of Saxony
14	S	1 st of Lent
15	M	St. Claude de la Colombière FAMILY DAY
16	T	St. Juliana St. Onesimus

17	W	The Seven Founders of the Order of Servites
18	T	St. Simeon
19	F	St. Conrad of Piacenza
20	S	St. Eucherius of Orleans Sts. Jacinta and Francisco Marto
21	S	2 nd of Lent
22	M	The Chair of Saint Peter the Apostle
23	T	St. Polycarp
24	W	St. Ethelbert of Kent St. Modestus
25	T	St. Nestor St. Walburga
26	F	St. Alexander of Alexandria
27	S	St. Gregory of Narek St. Gabriel of Our Lady of Sorrows
28	S	3 rd of Lent



Notes

In the kitchen

COOKED HAM ROLLS

Ingredients: 4 slices of cooked ham • 4 eggs • 100 g provola cheese • breadcrumbs • oil • flour (as needed) • salt (to taste)

Preparation: Crack 3 eggs into a bowl, add a pinch of salt, and beat them lightly. Heat a non-stick pan and make 4 omelets (one for each slice of ham). Take a slice of ham, place an omelet on top, and add a few slices of provola cheese. Roll everything up to form a roll. Beat the remaining egg with a little salt. Coat each roll first in flour, then in the beaten egg, and finally in breadcrumbs. Fry in hot oil, add salt, and serve hot.



Life is a duty, fulfill it.

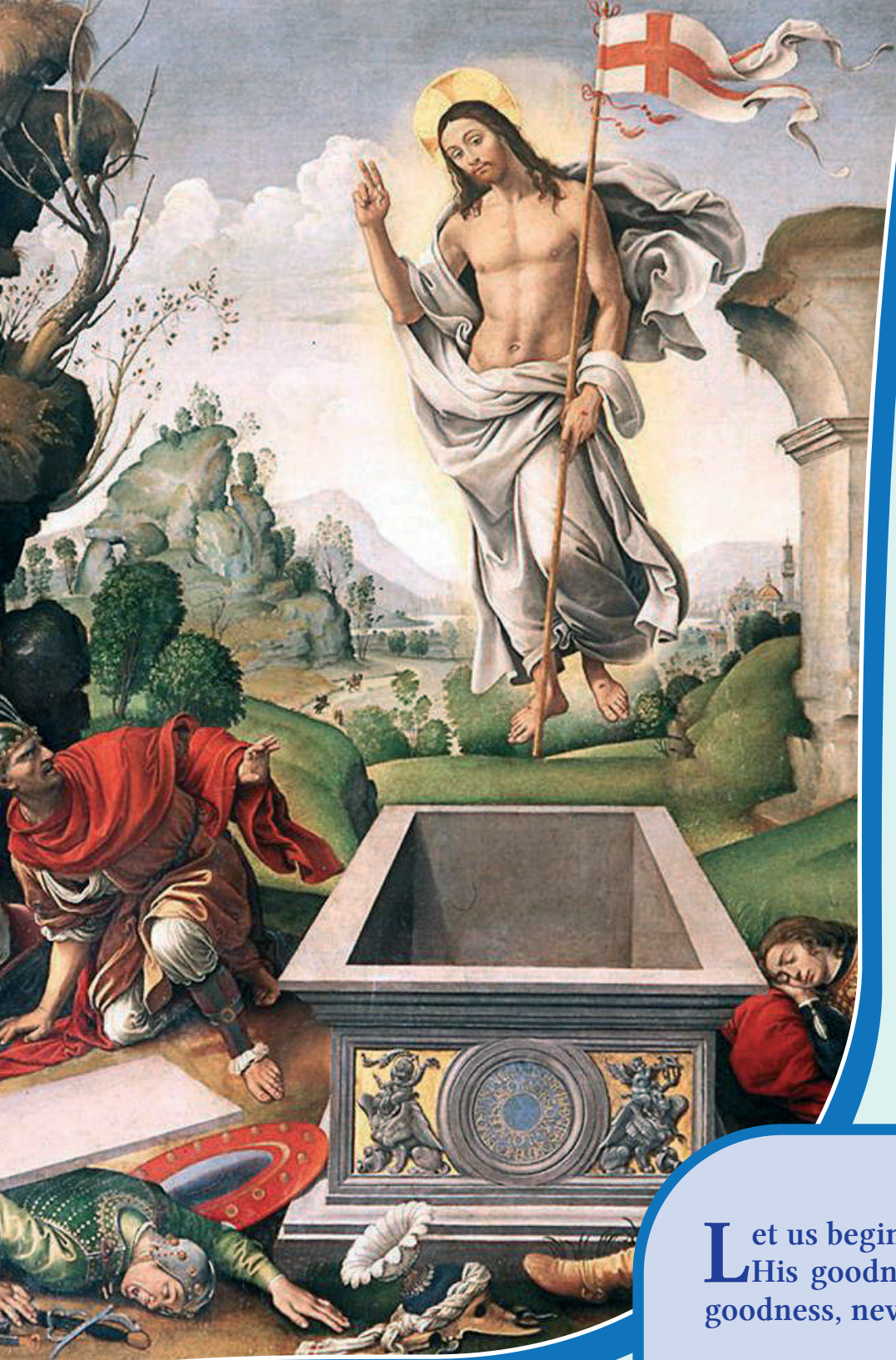
Life is a game, play it.

*Life is precious,
take care of it.*

*Life is a treasure,
preserve it.*

Life is love, enjoy it..

Saint Teresa of Calcutta



Prayer to the Risen Jesus

Lord Jesus,

Good Friday is the day of darkness, the day of hatred without reason, the day of the killing of the Just One! But Good Friday is not the last word: the last word is Easter, the triumph of life, the victory of Good over evil.

Lord Jesus,

Holy Saturday is the day of emptiness, the day of fear and confusion, the day when everything seems finished! But Holy Saturday is not the final day: the final day is Easter, the Light that is rekindled, the Love that overcomes every hatred.

Lord Jesus,

while our Good Friday unfolds and the anguish of so many Holy Saturdays is repeated, grant us the steadfast faith of Mary to believe in the truth of Easter; grant us her clear gaze to see the glimmers that announce the last day of history: “the new heavens and the new earth” already begun in You, Jesus crucified and risen.

Amen.

Let us begin with a fact. Jesus astonished His contemporaries with His goodness: a boundless, unpredictable, disarming, gratuitous goodness, never seen before.

Continued on the following page...

March 2027

1	M	St. David of Wales
2	T	St. Angela of the Cross
3	W	St. Katharine Drexel
4	T	St. Casimir
5	F	St. Theophilus St. John Joseph of the Cross
6	S	St. Marcellian of Tortona
7	S	4 th of Lent, "Laetare Sunday"
8	M	St. John of God
9	T	St. Frances of Rome
10	W	St. Marie-Eugénie of Jesus
11	T	St. Sophronius
12	F	St. John Climacus
13	S	St. Edmund of Canterbury
14	S	5 th of Lent
15	M	St. Louise de Marillac
16	T	St. Gerard Majella

17	W	St. Patrick
18	T	St. Cyril of Jerusalem
19	F	St. Joseph, Spouse of the Blessed Virgin Mary
20	S	St. Nicholas of Flüe
21	S	Palm Sunday of the Passion of the Lord
22	M	Holy Monday - St. Lea of Rome
23	T	Holy Tuesday - St. Turibius of Mogrovejo
24	W	Holy Wednesday - St. Óscar Arnulfo Romero y Galdámez
25	T	Holy Thursday: The Lord's Supper
26	F	Good Friday: Passion of the Lord
27	S	Holy Saturday: The Lord in the tomb
28	S	Easter Sunday of the Resurrection of the Lord
29	M	Monday within the Octave of Easter
30	T	St. Secundus
31	W	St. Benjamin



In the kitchen

COCONUT SWEETS

Ingredients: 100 g sugar • 100 g grated coconut
• 1 large egg

Preparation: Place the sugar, grated coconut, and the beaten egg in a bowl and mix everything well—preferably with your hands—until you obtain a smooth, uniform mixture. Shape the mixture into small balls and bake them in a pre-heated oven at 180°C (356°F) for 8–10 minutes. Remove the sweets from the oven when they begin to turn golden, before they become too toasted.



*Life is a mystery,
discover it.*

*Life is a promise, fulfill it.
Life is sorrow, overcome it.*

*Life is a hymn, sing it.
Life is a struggle, accept it.*

Saint Teresa of Calcutta



Prayer to Saint Catherine of Siena

Dear Saint Catherine,
you were the twenty-fourth child of Mother Lapa and
of a humble dyer from Siena. Today you would not have
been born, because rampant selfishness would have
prevented it.

You were illiterate, yet you taught the learned people
of your time, and you had the courage to remind the
Gospel to the one primarily responsible for the Gospel—
the Pope. Saint Catherine, how much we have to learn
from your faith, courageous and humble at the same
time.

You approached a poor man condemned to death
and opened his heart to the invocation of forgiveness.
He always blasphemed the Holy Name of Jesus, but he
died invoking the Holy Name of Jesus, and his last words
were: “Jesus! Catherine!”

Help us to open our hearts to the Mercy that still speaks
from the Cross and waits for us to open our hearts.

Amen.

The philosopher Benedetto Croce rightly observed: “In human history I see only one novelty that truly deserves to be called so: this novelty is Christianity.” But Christianity is Jesus.

Continued on the following page...

April 2027

1	T	St. Venantius and Companions
2	F	St. Francis of Paola
3	S	St. Richard of Chichester
4	S	2 nd of Easter SUNDAY OF DIVINE MERCY
5	M	The Annunciation of the Lord
6	T	St. Peter of Verona
7	W	St. John Baptist de La Salle
8	T	St. Denis
9	F	St. Demetrius St. Mary of Cleophas
10	S	St. Magdalene of Canossa
11	S	3 rd of Easter
12	M	St. Julius I
13	T	St. Martin I
14	W	Sts. Valerian, Maximus and Companions
15	T	St. Damien of Molokai
16	F	St. Bernadette Soubirous

17	S	St. Kateri Tekakwitha
18	S	4 th of Easter DAY OF PRAYER FOR VOCATIONS
19	M	St. Leo IX
20	T	St. Agnes of Montepulciano Bl. Dominic of Leonessa
21	W	St. Anselm of Canterbury
22	T	Bl. Francis of Fabriano
23	F	St. George - St. Adalbert of Prague
24	S	St. Fidelis of Sigmaringen
25	S	5 th of Easter
26	M	St. Stephen of Perm
27	T	St. Zita of Lucca
28	W	St. Peter Chanel St. Louis Grignon de Montfort
29	T	St. Catherine of Siena
30	F	St. Marie de l'Incarnation



Notes

In the kitchen

ASPARAGUS IN A PAN

Ingredients: 250 g asparagus • 50 ml vegetable broth • 1 tablespoon extra-virgin olive oil • fine salt

Preparation: Wash the asparagus under running water, remove the white part of the stalk, and peel them lightly with a not-too-sharp knife, taking great care not to touch the tips, which are fragile and delicate. Cut off the tips and slice the remaining tender part of the stalk. Heat the vegetable broth. Place the oil and the asparagus in a pan and put it over the heat. Cook for a couple of minutes, add a pinch of salt and the vegetable broth, then cook for about 10 minutes over medium heat with the lid on. At the end of cooking, let the cooking liquid evaporate and adjust the salt to taste.



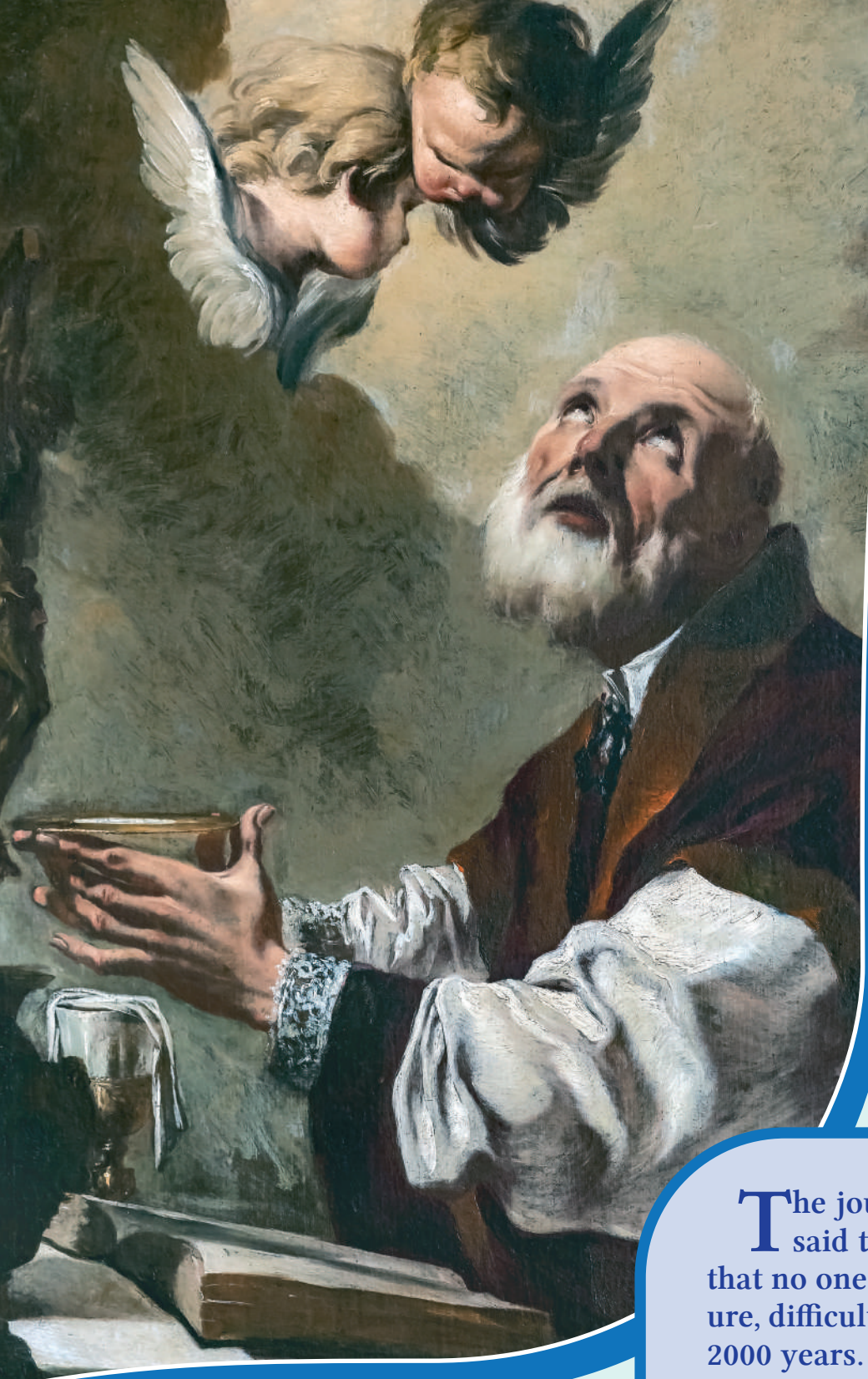
*Life is an adventure,
take the risk.*

Life is happiness, earn it.

Life is life, defend it!

Live life!

Saint Teresa of Calcutta



Prayer to Saint Philip Neri

Dear Saint Philip,
everyone called you “Good Pippo” because they saw
in you a clear ray, a true ray of the goodness of Jesus.
And your goodness became joy, became cheerfulness,
became a peace that drew people to Jesus.

Dear Saint Philip,
today many young people are deceived and drink the
dirty water of sin, of impurity and of selfishness smug-
gled as love. What a deception, a terrible deception!

Dear Saint Philip, dear “Good Pippo”,
pray for us and help us to fill our hearts with true joy
so that we may pass it on through the example of a life
that speaks without speaking and leads into the arms of
Jesus, the true and only owner of joy.

Amen.

The journalist Enzo Biagi, with surprising courage, said: “Jesus
said things that to this day remain unsurpassed. And I believe
that no one has ever known man as He did. Jesus is a mysterious fig-
ure, difficult to explain only in human terms. He has endured for over
2000 years. I see no comparisons around.”

Continued on the following page...

May 2027

1	S	St. Joseph the Worker - St. Pius V
2	S	6 th of Easter
3	M	Sts. Philip and James, Apostles
4	T	St. Florian
5	W	St. Hilary of Arles
6	T	St. Francis de Laval
7	F	St. Rosa Venerini
8	S	Our Lady of Luján SUPPLICATION TO OUR LADY OF POMPEII
9	S	Ascension of the Lord MOTHER'S DAY COMMUNICATIONS DAY
10	M	St. John of Avila
11	T	St. Ignatius of Laconi
12	W	Sts. Nereus, Achilleus, Domitilla and Pancras
13	T	Our Lady of Fatima
14	F	St. Matthias, Apostle
15	S	St. Isidore the Farmer
16	S	Pentecost Sunday

17	M	The Blessed Virgin Mary, Mother of the Church
18	T	St. John I
19	W	St. Celestine V
20	T	St. Bernardine of Siena
21	F	Sts. Christopher Magallanes and Companions
22	S	St. Rita of Cascia VICTORIA DAY
23	S	The Most Holy Trinity
24	M	Mary Help of the Christians
25	T	St. Beda the Venerable - St. Gregory VII St. Magdalene de' Pazzi
26	W	St. Philip Neri
27	T	St. Augustine of Canterbury
28	F	St. Germanus of Paris
29	S	St. Paul VI
30	S	Most Holy Body and Blood of Christ
31	M	The Visitation of the Blessed Virgin Mary



In the kitchen

SLICED POTATOES AND ZUCCHINI

Ingredients: 300 g potatoes • 300 g large zucchini • extra-virgin olive oil • salt • ground black pepper • 20 g grated Parmigiano Reggiano • 2 sprigs of rosemary

Preparation: Wash the potatoes, peel them, and slice them. Wash the zucchini, remove the ends, and slice them. Line a baking tray with a sheet of baking paper, then arrange the potatoes and zucchini on it, alternating the slices. Drizzle with a little olive oil, add a pinch of salt and a grind of black pepper. Sprinkle with the grated Parmigiano Reggiano, add the rosemary sprigs, and bake in a preheated oven at 200°C (392°F) for about 20 minutes. Serve hot or warm.



*Man is unreasonable,
illogical, self-centered:
it doesn't matter, love him.*

Saint Teresa of Calcutta



Prayer to Saint Peter

Peter, from the shores of the Sea of Galilee you came to the banks of the Tiber: here Providence called you to entrust to the Church of Rome the mission of guiding and uniting all the disciples of the Lord. Gather around the Pope, your successor, the strength of the martyrs and the intercession of the Saints, so that he may be the rock that keeps the whole Church of Jesus united.

Peter, fisherman called by Jesus to cast the nets into the sea of the world, help us today to be missionaries of the Gospel without fear, without uncertainty, without compromise. Fill the sails of the boat of the Church, so that it may carry everywhere the word and the forgiveness of Jesus.

Peter, you knew the weakness of denial and you overcame it with the humility of tears, which restored innocence to your soul. Help us to overcome our daily denials with a return to Jesus that is ever more convinced and ever more consistent.

Peter, apostle and martyr, pray for us, pray for the Church!

Amen.

Let us draw near to Jesus and begin with a fact. At a certain point the “presumed” righteous—that is, those who had a different idea about God—react. Saint Luke recounts: “All the tax collectors and sinners were coming near to him to listen to him.” The verb in the imperfect indicates an action that is repeated, that is habitual. “And the Pharisees and the scribes were murmuring, saying: ‘This man welcomes sinners and eats with them.’”

Continued on the following page...

June 2027

1	T	St. Justin
2	W	Sts. Marcellinus and Peter
3	T	Sts. Charles Lwanga and Companions
4	F	The Most Sacred Heart of Jesus
5	S	Immaculate Heart of the Blessed Virgin Mary St. Boniface
6	S	10 th in Ordinary Time - St. Norbert
7	M	St. Robert of Newminster
8	T	Bl. Nicola of Gesturi
9	W	St. Ephrem
10	T	St. Margaret of Scotland
11	F	St. Barnabas, Apostle
12	S	St. John of Sahagùn
13	S	11 th in Ordinary Time - St. Anthony of Padua
14	M	St. Methodius of Constantinople
15	T	St. Germaine Cousin
16	W	St. Cornelius

17	T	St. Albert Chmielowski
18	F	St. Gregory Barbarigo
19	S	St. Romuald
20	S	12 th in Ordinary Time - St. Gobanus FATHER'S DAY
21	M	St. Aloysius Gonzaga
22	T	St. Paulinus of Nola - St. John Fisher St. Thomas More
23	W	St. Joseph Cafasso
24	T	The Nativity of St. John the Baptist
25	F	St. William of Vercelli
26	S	St. Josemaría Escrivá de Balaguer
27	S	13 th in Ordinary Time - St. Cyril of Alexandria
28	M	St. Irenæus of Lyon
29	T	Sts. Peter and Paul, Apostles
30	W	Sts. First Martyrs of the Holy Roman Church



Notes

In the kitchen

CHICKEN WITH GINGER-MARINATED APPLE

Ingredients: 250 g chicken breast • 1 whole green apple • all-purpose flour as needed • lime • fresh ginger

Preparation: Cut the apple into thin strips and marinate it with a little lime and ginger. Take the chicken, cut it into small fillets, and coat them in flour. Meanwhile, heat a non-stick pan and, when sufficiently hot, add a drizzle of oil and all the chicken; let each fillet brown on both sides. Coat the fillets in flour again to achieve a crispy effect. Once everything is cooked, place the chicken together with the marinated apple directly on a plate.



*If you do good,
they will say you do it
for selfish reasons.
It doesn't matter, do good.*

Saint Teresa of Calcutta



Prayer to Saint Maria Goretti

O Maria Goretti,
today your witness is so necessary for us!
You defended the dignity of women, refusing to be used
as an object of a passion without heart and without love.
You understood the fundamental difference between
freedom and whim, and you cried out with the strength
of your blood that evil is evil because it causes harm.

You defended true love, the love that is born from pu-
rity and blossoms in the sincere gift of oneself. Pray for
the young and for the adults of today who risk no longer
knowing how to love.

Pray that purity of heart may be rediscovered as free-
dom from selfishness, as the premise of every possible
gift, as the condition for being able to love as God loves:
God who is Love!

Saint Maria Goretti, pray for us!
Amen.

This fact scandalized those who had an idea of God centered on power, strength, domination, and condemnation. And this idea is dangerously present in other religions. And also in the minds of many Christians... not very Christian!

Continued on the following page...

July 2027

1	T	St. Junípero Serra CANADA DAY
2	F	St. Oliver Plunkett
3	S	St. Thomas, Apostle
4	S	14 th in Ordinary Time - St. Elizabeth of Portugal
5	M	St. Anthony Zaccaria
6	T	St. Maria Goretti
7	W	St. Willibald
8	T	St. Kilian
9	F	Sts. Augustine Zhao Rong and Companions
10	S	St. Veronica Giuliani
11	S	15 th in Ordinary Time - St. Benedict
12	M	St. John Gualbert
13	T	St. Henry
14	W	St. Camillus de Lellis
15	T	St. Bonaventure
16	F	Our Lady of Mount Carmel

17	S	St. Francis Solano
18	S	16 th in Ordinary Time - St. Frederick of Utrecht
19	M	St. Arsenius the Great
20	T	St. Apollinaris
21	W	St. Lawrence of Brindisi
22	T	St. Mary Magdalene
23	F	St. Bridget
24	S	St. Charbel Makhlūf
25	S	17 th in Ordinary Time - St. James, Apostle DAY FOR GRANDPARENTS AND THE ELDERLY
26	M	St. Joachim and Anne, Parents of the Blessed Virgin Mary
27	T	St. Pantaleon
28	W	St. Victor I
29	T	Sts. Martha, Mary and Lazarus
30	F	St. Peter Chrysologus
31	S	St. Ignatius of Loyola



In the kitchen

TRICOLOR ORECCHIETTE

Ingredients: 400 g orecchiette • 80 g salami • 500 g turnip tops (rapini) • 1 mozzarella • 2 shallots • extra-virgin olive oil • salt • pepper

Preparation: Wash and cut the turnip tops into small pieces. Cut the salami into thin strips and the mozzarella into cubes. Cook the orecchiette in plenty of salted water and after a few minutes add the turnip tops. Pour 3 tablespoons of oil into a pan, add the shallots and let them soften; add the salami and sauté for a few minutes. Drain the pasta and vegetables, pour everything into the pan with the salami, add the mozzarella, season with pepper and dress with the remaining oil.



*If you achieve your goals,
you will meet those
who try to stop you.
It doesn't matter,
achieve them.*

Saint Teresa of Calcutta



Prayer to Saint Teresa Benedicta of the Cross (Edith Stein)

Saint Edith Stein, dear sister in our faith,
your life was transformed by an encounter: the encounter with Jesus. With Him you passed through a dark period of our history and you overcame hatred by living Love; you overcame darkness by believing in the Light; you overcame suffering by clinging to Hope, which sees beyond pain and even conquers pain. Today in our society there is so much darkness, there is so much weariness, there is little love for life, which is often foolishly consumed without truly being lived.

Saint Edith Stein,
dear sister in our faith, pray for us. Pray that we may not limit ourselves to mourning the darkness but that we may light a lamp with our faith, the faith that unites us to Jesus and to His sure and decisive victory over suffering and death.

Saint Edith Stein,
help our young people, help our families, help our community to be a clear mirror of the radiant face of Jesus.

Amen.

Jesus says: “But you, when you lose one sheep, do you not leave the other ninety-nine in the fold to go and look for the one that is lost?” The question surprises us. We would stay calmly with the ninety-nine sheep in the fold and send the single lost sheep to the devil.

Continued on the following page...

August 2027

1	S	18 th in Ordinary Time - St. Alphonsus Liguori
2	M	St. Eusebius of Vercelli PARDON OF ASSISI (PORTIUNCULA INDULGENCE)
3	T	St. Peter Julian Eymard
4	W	St. Jean-Marie Vianney
5	T	The Dedication of the Basilica of Saint Mary Major in Rome
6	F	The Transfiguration of the Lord
7	S	St. Sixtus II and Companions - St. Cajetan
8	S	19 th in Ordinary Time - St. Dominic
9	M	St. Teresa Benedicta of the Cross
10	T	St. Lawrence
11	W	St. Clare of Assisi
12	T	St. Jane Frances de Chantal
13	F	Sts. Pontian and Hippolytus
14	S	St. Maximilian Kolbe
15	S	The Assumption of the Blessed Virgin Mary
16	M	St. Stephen of Hungary

17	T	St. Hyacinth
18	W	St. Helena
19	T	St. John Eudes
20	F	St. Bernard
21	S	St. Pius X
22	S	21 st in Ordinary Time - Queenship of the Blessed Virgin Mary
23	M	St. Rose of Lima
24	T	St. Bartholomew, Apostle
25	W	St. Louis IX of France - St. Joseph Calasanz
26	T	Our Lady of Częstochowa - Bl. John Paul I
27	F	St. Monica
28	S	St. Augustine of Hippo
29	S	22 nd in Ordinary Time - Passion of St. John the Baptist
30	M	St. Margaret Clitherow
31	T	St. Aidan of Lindisfarne



In the kitchen

CHICKEN BITES WITH RED ONIONS

Ingredients: Extra-virgin olive oil to taste • Gaeta olives to taste • 2 Tropea onions • dried ground oregano to taste • pepper to taste • 600 g chicken breast • salt to taste

Preparation: Cut the chicken breast into small bite-sized pieces, removing any small bones and cartilage. Slice the onions or cut them into thin wedges. Heat the oil in a pan and add the chicken pieces and the onions. After browning the chicken over high heat for 5 minutes with salt and pepper, add the olives and oregano at the end of cooking.



*The good you do
may be forgotten tomorrow:
it doesn't matter,
do good.*

Saint Teresa of Calcutta



Prayer to Saint Pio of Pietrelcina

Dear Padre Pio,
the roots of your greatness lie in the clear simplicity of Pietrelcina: in the faith and diligent honesty of your family, you breathed in the presence of God and learned the burning love for Jesus Crucified.

Pray for our families, so that they may bring prayer back into their homes and once again become a living school of the Gospel.

Dear Padre Pio,
our world is shaken by terrible waves of violence: Satan, the sower of hatred, finds the door open in hearts that have turned away from God.

Stay close to us as you promised: help us to overcome evil through the power of prayer, so that we may rediscover the joy of life and the taste of goodness.

Dear Padre Pio,
you have heard the cry of love that comes from the wounds of Jesus Crucified: pray for us, so that in our hearts may bloom the desire to respond to Jesus' love with a life faithful to the Gospel and fragrant with holy virtues.

May the Madonna, whom you loved so dearly, carry our prayer before God and return it to us as a blessing, as we await the day to see you again in Heaven in the great feast of the Saints.

Amen.

But God's way of acting is different: divinely different! God wants salvation one hundred percent! We can raise the wall of "no" (this is the terrible power of freedom that God respects), but God always remains the One who loves and wants to save!

Continued on the following page...

September 2027

1	T	St. Giles DAY OF PRAYER FOR THE CARE OF CREATION
2	W	St. Ingrid of Sweden
3	F	St. Gregory the Great
4	S	St. Rosalia
5	S	23 rd in Ordinary Time - St. Teresa of Calcutta
6	M	St. Magnus of Fussen LABOUR DAY
7	T	St. Cloud
8	W	The Nativity of the Blessed Virgin Mary
9	T	St. Peter Claver
10	F	St. Nicholas of Tolentino
11	S	St. Paphnutius
12	S	24 th in Ordinary Time - Most Holy Name of Mary
13	M	St. John Chrysostom
14	T	Exaltation of the Holy Cross
15	W	Our Lady of Sorrows
16	T	Sts. Cornelius and Cyprian

17	F	St. Robert Bellarmine - St. Hildegard of Bingen
18	S	St. Joseph of Cupertino
19	S	25 th in Ordinary Time - St. Januarius
20	M	St. Andrew Kim Tægon, Paul Chong Ha-sang and Companions
21	T	St. Matthew, Apostle
22	W	Sts Maurice and Companions
23	T	St. Pius of Pietrelcina (Padre Pio)
24	F	Bl. Émilie Tavernier-Gamelin
25	S	Sts. Cosmas and Damian
26	S	26 th in Ordinary Time DAY OF MIGRANTS AND REFUGEES
27	M	St. Vincent de Paul
28	T	St. Wenceslaus St. Lawrence Ruiz and Companions
29	W	Sts. Michael, Gabriel, and Raphael, Archangels
30	T	St. Jerome NATIONAL DAY FOR TRUTH AND RECONCILIATION



Notes

In the kitchen

GRILLED MUSHROOMS

Ingredients: 12 champignon mushrooms • 1 sprig of dried marjoram • olive oil as needed • 1 sprig of rosemary • salt as needed • 4 sage leaves • pepper as needed

Preparation: Clean the twelve large mushrooms and remove the stems. Chop 3–4 sage leaves, 1 sprig of rosemary, and 1 of marjoram. Sprinkle the mushrooms with the herb mixture, drizzle with olive oil, and season with salt and pepper. Skewer the mushroom caps with 1 sprig of rosemary and grill them on a plate sprinkled with fine salt for 2 minutes per side. Serve hot at the table.



*Honesty and sincerity
make you vulnerable:
it doesn't matter,
be honest and sincere.*

Saint Teresa of Calcutta



Prayer to Saint Francis of Assisi

O gentle Francis,
our squares and churches still keep alive the echo of
your words, which sprang from silence and poverty and,
for this reason, smelled of God and entered the heart
because they came from the heart.

Today, Brother Francis, little poor man of God, the
streets are silent with words, because noise occupies
every space, consuming life that is no longer life.
O Francis, pray for us, so that we may give voice to Christ
through a life full of the Gospel and with words faithful
to the Word.

Guide us along the paths of hearts and cities without
strength and without wealth, without pride and without
vanity, to proclaim with humility and joy that Jesus is
the Savior of the world: only in this way will we fill the
world with peace, following in your footsteps still alive,
effective, and fragrant.

Amen.

Jesus, evidently, wishes to correct those who remain scandalized
by the revelation of the Father's unheard-of goodness. And He
wants to invite them to realize that God is completely different from
what they imagine: God is infinitely more good!

Continued on the following page...

October 2027

1	F	St. Thérèse of Lisieux
2	S	Holy Guardian Angels
3	S	27 th in Ordinary Time - St. Candida the Younger SUPPLICA TO OUR LADY OF POMPEII
4	M	St. Francis of Assisi
5	T	St. Faustina Kowalska
6	W	St. Bruno - Bl. Marie-Rose Durocher
7	T	Our Lady of the Rosary
8	F	St. Pelagia
9	S	St. Denis and companions - St. John Leonardi St. John Henry Newman
10	S	28 th in Ordinary Time - Sts. Daniel and Companions
11	M	St. John XXIII THANKSGIVING
12	T	St. Carlo Acutis
13	W	St. Edward the Confessor
14	T	St. Callistus I
15	F	St. Teresa of Avila
16	S	St. Hedwig of Silesia St. Marguerite d'Youville

17	S	29 th in Ordinary Time - St. Ignatius of Antioch
18	M	St. Luke, Evangelist
19	T	St. Paul of the Cross
20	W	St. Maria Bertilla Boscardin
21	T	St. Severinus of Bordeaux - Bl. Pino Puglisi
22	F	St. John Paul II
23	S	St. John of Capistrano
24	S	30 th in Ordinary Time - St. Anthony Mary Claret MISSION DAY
25	M	Sts. Crispin and Crispinian
26	T	St. Alfred the Great
27	W	St. Frumentius
28	T	Sts. Simon and Jude, Apostles
29	F	St. Narcissus of Jerusalem
30	S	St. German of Capua
31	S	31 st in Ordinary Time - St. Alphonsus Rodríguez



Notes

In the kitchen

CHESTNUT GNOCCHI

Ingredients: 500 g potatoes for boiling • 800 g chestnuts • 200 g all-purpose flour • 1 egg • nutmeg • salt • 3 sage leaves • 100 g fontina cheese

Preparation: Boil the chestnuts and peel them. Boil the potatoes, peel them, and mash them together with the chestnuts, then place everything in a bowl. Add the flour, the egg, salt, and a pinch of nutmeg. Knead and roll the dough into ropes, then cut them into small pieces. Boil the gnocchi, draining them as soon as they float to the surface. In a pan, melt a knob of butter with the sage leaves, then add the gnocchi. Add the fontina cheese cut into small cubes and let it melt. Serve hot.



*What you have built
may be destroyed:
it doesn't matter, build.*

Saint Teresa of Calcutta

Prayer to Mary for the Souls in Purgatory

Holy Virgin,
upon the Heart of Jesus, Your Son, You always retain
the power of intercession that belongs to every mother:
to this maternal power we confidently cling.

Mother of Suffrage,
we entrust to You all the people dear to us who have
crossed the threshold of eternity. If some shadow
prevents them from entering the Light and the Feast of
the Saints, may Your prayer hasten the purification of
their hearts.

Mother of the Church,
when our hour comes, wait for us at the threshold of
Heaven and, through Your motherly eyes, transmit to
us the radiance of God's Mercy.
Holy Mary, Mother of God, pray for us sinners, now and
at the hour of our death.
Amen.



God is not only the Shepherd who guides and protects the people who are “near,” but He is also the Shepherd who passionately seeks the people who are “far away.” Why? Because God is Love!

Continued on the following page...

November 2027

1	M	All Saints
2	T	Commemoration of all the Faithful Departed (All Souls' Day)
3	W	St. Martin de Porres
4	T	St. Charles Borromeo
5	F	St. Guido Maria Conforti
6	S	St. Leonard of Noblac
7	S	32 nd in Ordinary Time - Bl. John Duns Scotus
8	M	Four Crowned Martyrs
9	T	The Dedication of the Lateran Basilica in Rome
10	W	St. Leo the Great
11	T	St. Martin of Tours REMEMBRANCE DAY
12	F	St. Josaphat
13	S	St. Didacus of Alcalà
14	S	33 rd in Ordinary Time DAY OF THE POOR
15	M	St. Albert the Great
16	T	St. Margaret of Scotland - St. Gertrude the Great

17	W	St. Elizabeth of Hungary
18	T	The Dedication of the Basilicas of St. Peter and St. Paul, Apostles
19	F	St. Mechtilde of Hackborn
20	S	St. Edmund the Martyr
21	S	Our Lord Jesus Christ, King of the Universe YOUTH DAY
22	M	St. Cecilia
23	T	St. Clement I - St. Columban Bl. Miguel Agustín Pro
24	W	Sts. Andrew Dung-Lac and Companions
25	T	St. Catherine of Alexandria
26	F	St. Sylvester Gozzolini
27	S	Our Lady of the Miraculous Medal
28	S	1 st of Advent
29	M	St. Saturninus
30	T	St. Andrew, Apostle
		 Notes

In the kitchen

FLOUR-COATED TURKEY

Ingredients: 4 turkey steaks • 2 handfuls of flour • salt • cinnamon • balsamic vinegar • extra virgin olive oil

Preparation: Put some flour on a plate and coat the turkey steaks on both sides, pressing so the flour adheres well. Heat a drizzle of oil in a pan and place the floured steaks in it. Add salt and keep turning them to prevent burning. When they have formed a dark crust, turn off the heat and serve with a sprinkle of cinnamon, or balsamic vinegar, or simply as they are.



*The people you have helped
may not be grateful to you:
it doesn't matter, help them.*

Saint Teresa of Calcutta



Jesus, Bring Us Back to Bethlehem!

Dear Jesus,

Your Christmas returns and we suddenly realize that we have moved so far away from Bethlehem. In the society of well-being — our society! — pride, selfishness, vanity, and impurity prevent us from seeing the signs that point the way to Bethlehem.

Dear Jesus,

grant us a humble, clear, and pure heart like that of Mary; grant us a gentle and obedient heart like that of Joseph; grant us a poor and simple heart like that of the shepherds.

And with great wonder we will discover that now Bethlehem is within us; it is in our hearts where You wish to be born today in order to give us love, joy, peace, and true happiness—the happiness that everyone seeks, but that only You can give us.

Dear Jesus, bring us back to Bethlehem!

Amen.

Wonderful news! How beautiful this Face of God is! How moving it is to know that God rejoices “over a single sinner who repents and returns to His embrace”!

December 2027

1	W	St. Edmund Campion St. Charles de Foucauld
2	T	St. Bibiana
3	F	St. Francis Xavier
4	S	St. John Damascene
5	S	2 nd of Advent
6	M	St. Nicholas
7	T	St. Ambrose
8	W	The Immaculate Conception of the Blessed Virgin Mary
9	T	St. Juan Diego Cuauhtlatoatzin
10	F	Our Lady of Loreto
11	S	St. Damasus I
12	S	3 rd of Advent
13	M	St. Lucy
14	T	St. John of the Cross
15	W	St. Valerian
16	T	St. Adelaide

17	F	St. Olympias
18	S	St. Gatian of Tours
19	S	4 th of Advent
20	M	St. Dominic of Silos
21	T	St. Peter Canisius
22	W	St. Frances Xavier Cabrini
23	T	St. John of Kanty
24	F	Holy Ancestors of Jesus
25	S	The Nativity of the Lord (Christmas)
26	S	Holy Family of Jesus, Mary and Joseph BOXING DAY
27	M	St. John, Apostle and Evangelist
28	T	Holy Innocents
29	W	St. Thomas Becket
30	T	St. Roger
31	F	St. Sylvester I



In the kitchen

HERRING WITH LEMON

Ingredients: 400 g salted herring • 4 tablespoons lemon juice • 8 tablespoons extra virgin olive oil • pepper to taste

Preparation: Clean the herrings, remove the heads and the bones, rinse them under running water and dry them with kitchen paper towels. Place them in a saucepan with plenty of cold water, bring to a boil, then drain them immediately and repeat the operation again. When they have softened and been completely desalinated, drain them, dry them gently, and arrange them on a serving plate. Season with a generous grinding of pepper and dress with lemon juice and olive oil. Serve them warm, garnishing as desired with lemon slices and a few well-washed parsley leaves.



*Give the world the best
of yourself,
and you may get kicked
in return:
it doesn't matter,
give your best.*

Saint Teresa of Calcutta

The Holy Rosary

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O God, come to my assistance. O Lord, make haste to help me.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

JOYFUL MYSTERIES (Monday, Saturday)

1. The angel's announcement to Mary and her prompt, humble, serene, and obedient response.
2. Mary makes a long journey to visit Elizabeth: to serve, to share joy, and to sing the *Magnificat*.
3. God chooses poverty: Jesus is born in the humble grotto of Bethlehem; Mary wraps him in swaddling clothes and lays him in a manger.
4. Mary and Joseph, obeying the Lord's law, present Baby Jesus in the Temple, bringing the offering of the poor.
5. Mary and Joseph search for Jesus and rejoice to find Him and welcome Him home.



After announcing the mystery (optionally followed by a meditation or intention) pray:
Our Father, 10 Hail Marys, Glory Be.

LUMINOUS MYSTERIES (Thursday)

1. Jesus goes to the Jordan, where John is baptizing. John exclaims: "Behold the Lamb of God! Behold Him who takes away the sin of the world!"
2. Mary prays to Jesus with a Mother's heart, and Jesus performs the miracle at Cana, saving the joy of a family.
3. Jesus begins His preaching and proclaims the Beatitudes of His Kingdom.
4. Jesus, on Mount Tabor, reveals Himself to the Apostles in the dazzling light of His divinity.
5. Jesus gives us the Holy Eucharist and the commandment of love: this gift is renewed in every Holy Mass.



After announcing the mystery (optionally followed by a meditation or intention) pray:
Our Father, 10 Hail Marys, Glory Be.

SORROWFUL MYSTERIES (Tuesday, Friday)

1. Jesus prays, suffers, and sweats blood in the Garden of Gethsemane: we are the cause of His suffering.
2. Jesus is insulted, scourged, and suffers everything out of love for us.
3. Jesus is crowned with thorns and unjustly condemned to be crucified.
4. Jesus carries the Cross to Calvary, helped by Simon of Cyrene, comforted by Mary's presence.
5. Jesus dies on the Cross, and a flood of love begins in the world.



After announcing the mystery (optionally followed by a meditation or intention) pray:
Our Father, 10 Hail Marys, Glory Be.

GLORIOUS MYSTERIES (Wednesday, Sunday)

1. Jesus rises from the dead and begins the new heavens and the new earth.
2. The Risen Jesus ascends into Heaven and awaits us at the great celebration.
3. Jesus sends the Holy Spirit upon Mary, the Apostles, and the Church.
4. Mary is assumed into Heaven: God casts down the mighty and lifts up the humble.
5. Mary, Queen of Angels and Saints, protects us and intercedes for us from Heaven.



After announcing the mystery (optionally followed by a meditation or intention) pray:
Our Father, 10 Hail Marys, Glory Be.

A PRAYER TO MARY

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.
Amen.
(Saint Bernard of Clairvaux)

Praised be, the Most Holy Names of Jesus, Joseph, and Mary.

"O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy"
(Fatima, 13 July 1917)

"My God, I believe, I adore, I hope and I love You! I ask pardon of You for those who do not believe, do not adore, do not hope and do not love You!"

(The Angel of Peace to the three children in Fatima, spring 1916)

At the end of the five mysteries:

Hail, Holy Queen

Hail, holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.
Amen.

ANGELUS

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.

Hail Mary...

V. And the Word was made flesh.
R. And dwelt among us.

Hail Mary...

V. Pray for us, O holy Mother of God.
R. That we may be made worthy
of the promises of Christ.

Let us pray:
Pour forth, we beseech thee, O Lord,
thy grace into our hearts;
that we, to whom the incarnation
of Christ, thy Son,
was made known by the message of an angel,
may by his Passion and Cross
be brought to the glory of his Resurrection.
Through the same Christ our Lord.
Amen.



REGINA CAELI

*(Easter season: Paschaltide substitute
for the Angelus)*

Queen of Heaven, rejoice, alleluia.
For he whom you did merit to bear, alleluia,
has risen, as he said, alleluia.

Pray for us to God, alleluia.
Rejoice and be glad, O Virgin Mary, alleluia.
For the Lord has truly risen, alleluia.

Let us pray:

O God, who gave joy to the world
through the resurrection of thy Son,
our Lord Jesus Christ,
grant we beseech thee,
that through the intercession
of the Virgin Mary, his Mother,
we may obtain the joys of everlasting life.
Through the same Christ our Lord.
Amen.



SUB TUUM PRAESIDIUM

We fly to thy protection,
O holy Mother of God;
despise not our petitions in our necessities,
but deliver us always from all dangers,
O glorious and blessed Virgin.



PRAYER TO OUR LADY OF THE ROSARY (approved form from Fatima devotion)

O Queen of the Most Holy Rosary,
you were pleased to come to Fatima
to reveal to the three shepherd children
the treasures of grace hidden in the Rosary.
Inspire my heart with a sincere love of this
devotion,
so that by meditating on the mysteries of our
redemption
recalled therein,
I may obtain peace for the world,
the conversion of sinners,

and the favour I ask of you in this Rosary
(mention your request).
I ask it for the greater glory of God,
for your own honour,
and for the good of souls
Amen.



CONSECRATION TO MARY

I, [Name], a faithless sinner,
renew and ratify today in your hands, O
Immaculate Mother,
the vows of my Baptism.
I renounce forever Satan, his pomps and works;
and I give myself entirely to Jesus Christ,
the Incarnate Wisdom,
to carry my cross after him all the days
of my life,
and to be more faithful to him than I have
ever been before.
(*St. Louis de Montfort*)



O MARY, MOTHER OF MERCY (Prayer from the Roman Missal)

O Mary, Mother of mercy,
watch over all your children
and help them in every need.
Intercede for your people
who call upon you with trust,
and show yourself a mother
of compassion and peace.



*My command is this: Love each
other as I have loved you.*

(Jn 15:12)

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